

MARGENSER

Fostering Unity and Carrying the A A Message in Area 29 MARYLAND GENERAL SERVICE

Extravagant Promises?

Ron M., Area 29 Delegate

Extravagant promises; this is an easily recognized and often repeated phrase from our literature.

During a recent deep and personal inventory, my focus was directed to this most important part of the program of Alcoholics Anonymous. Although I had previously travelled the journey of the twelve steps a number of times, this trip seemed to delve into thoughts, areas, and emotions that had not been previously addressed, and therefore not dealt with.

This new effort held the potential of a great new journey. It provided an opportunity to again visit the past and pick up the original overlooked pieces, an opportunity not afforded many. In retrospect the original effort seemed to be superficial at best and this current endeavor was intended to not only update the process but to delve deeper into those things and areas which seemed to continually resurface in my day to day living, some at the most inopportune time and place.

Based on the foregoing, the benefits of the first,

second and third promises seemed to manifest themselves immediately since some long ignored feelings and emotions were now being addressed. The activity immediately provided some new found peace and serenity. This new effort also prompted and motivated others to revisit and update old step work. As a direct result an unexpected rejuvenation of my life and living resulted. What recently seemed to be some form of subconscious and unexplained unrest disappeared and a new and exciting life appeared from some higher power. A great big WOW factor was and is at work. My prayer and hope for all is a long, sober, serene and prosperous life in Alcoholics Anonymous.

My journey in Area 29 included GSR from my home group in Davidsonville, DCM from District 6, Finance Chair, Registrar, Workshop Chair, CPC Chair, Alternate Delegate and current Panel 64 Delegate. It has been a great, exciting and memorable experience. ☺

MARGENSER STATEMENT OF PURPOSE

The Area 29 MARGENSER newsletter is published to foster unity and facilitate communication among AA members, groups, districts, and intergroups within the Maryland General Service Area. The MARGENSER aims to be instrumental in carrying the AA message. This quarterly newsletter seeks to publish AA-related material, including personal stories of experience, strength, and hope. Material will be reviewed by the MARGENSER committee chairperson or by a member of the committee. Nothing published in the MARGENSER should be thought of as a statement of Area 29 or AA policy. Finally, publication shall not constitute endorsement by the newsletter itself, Area 29, intergroups, districts, local groups, or AA as a whole.

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Service — The Heart of AA

Arnold R., Area 29 Past Delegate, Panel 46

“Our Twelfth Step – carrying the message – is the basic service that the AA Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, AA is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves will wither and those who haven't been given the truth may die.

“Hence, an AA service is anything whatever that helps us to reach a fellow sufferer—ranging all the way from the Twelfth Step itself to a ten-cent phone call and a cup of coffee, and to AA's General Service Office for national and international action. The sum total of all these services is our Third Legacy of Service.”

This quote from co-founder, Bill Wilson introduces the subject of service in the opening pages of the AA Service Manual/Combined With The Twelve Concepts of Service. Service has been called the secret because so few are involved. Service has been called the name of the game for those sharing their sobriety with members young and old. Service is the Heart of AA.

To bring things into sound and proper perspective, it is critical to go back a few years. We must consider what happened on that day when we decided to ask for help. We must remember how we felt. That desperation, guilt, hopelessness, and helplessness were about all we had left. All our crutches were gone. We had no place else to go. And AA was there. AA was there because somebody had done something.

Somebody made it possible for us to find that there was a way out for us. The essences of recovery, unity, and service were there long before they were spelled out in the Twelve Steps, Twelve Traditions, and Twelve Concepts ever took shape.

Where does service begin? Someone paid to keep the telephone answering service available until I made my call for help. Someone made it possible for

me to make a contact by letting me know what number to call. And when I made the contact, all of AA that had ever existed was there, waiting to welcome me.

When we first enter the program our responsibilities don't appear to be very great. We present a warm body to the members of the group and that is about all we can contribute. We give our home group members somebody to work with, and we, in turn, are helping to keep them sober. Next, we find after the meeting is over that somebody has given us a broom, and we have something to hang onto, something to keep our hands steady, and we begin to feel that we belong. That is when I learned that “service begins on the end of a broom.” You immerse yourself in AA and you begin to be less concerned with your own problems, you begin to recover, and you find yourself in the middle of service.

Yes, service is many things, and AA works best for those who work for AA. We can never become so set in our ways that we do not extend the hand of fellowship to alcoholics wherever they may be. We must be flexible without becoming so loose that our methods and our message are diluted. We must maintain stability without becoming so rigid that we cannot bend to meet the changing needs of the still suffering alcoholic. We must find new ways to cooperate with others working in the field of alcoholism without becoming so enmeshed that we lose our own identity and purpose. We must discover new ways to let the people know about AA. We should never think we have found all the answers, all the ways. We must have new thoughts, new ideas, and new concepts just as the early members did.

The General Service Board, for some time now, has been reviewing reports from an ad hoc Trustees' Committee focused on the future of AA. Long-range forward planning is a requirement for any organization that expects

to stave off obsolescence. AA has made great strides and at the same time we have only scratched the surface in our efforts to help the alcoholic. There must be other or new answers. There must be new and better ways. We must improve. The future of AA is in your hands, and mine, and in the hands of all AA members everywhere.

We must find a way to get all the members to listen. Another vision for the future is the day when all members of AA will have a chance to be exposed to the total service picture. We have said that some members cut themselves out of the service picture of AA. This is a rejection of something so vital to our very existence done without any knowledge of the vitality of the total program.

What is service? It's sharing a cup of coffee, getting up at 2:00 a.m. to call on an alcoholic, attending an Area Assembly or General Service Conference, writing a Grapevine article, or participating in the Corrections Correspondence Service. It's working on Convention committees or visiting a Treatment or Correctional facility. It's the end of the broom, stacking of chairs, or greeting people at the door of a home group. It's serving, giving, caring, and sharing – that is what AA is all about. Service is love, the language of the heart, in action. Service is the heart of AA.

One of the greatest moments in our Fellowship was in 1965 when in Toronto each and every one present accepted the pledge “I Am Responsible” for themselves and for the rest of us that had yet to come. I firmly believe it is this pledge and the acceptance of it in its full meaning that changed a great many of us who were not willing to serve, to suddenly give of ourselves through the examples of our Sponsors. I have also come to believe that it is the realization of the enormity of this pledge that has caused a great many of us to become more interested in service than ever before. 

Up and Down and All Around

Bill H., Area 29 Alternate Delegate

I will never forget that Saturday in October 2013 when I raised my hand to stand for Area 29 alternate delegate for panel 64 General Service Conference. A good friend of mine, both of us from Baltimore, stood for the position and I was elected. I had never felt more proud or high in my entire life. Well, why not me. On paper, I had 30 years sober, 23 years institution and hospital sponsorship, 18 years General Service work and a fairly good personality (ha). I had arrived: Alternate Delegate Maryland General Service, Area 29.

The next morning, the floor dropped out from under me and I was hit in the face with reality. I hadn't discussed this decision with anyone, not my wife, not my sponsors and not my friends. I did not review the job requirements and expectations. I stood because the urge hit me and I wanted someone from Baltimore on the MGS current panel of officers. Well, I got it. In doing so, I disappointed my family, my sponsors, my true friends but most of all AA.

To stand for any position, you must be aware of the acceptable time and experience you should have to perform the job and the dedication and time needed to complete the job properly.

I had the prerequisites for the job but did not understand the process, thus not understanding the dedication that was needed to fulfill the job properly.

There really are no politics in MGS; just a lot of people who are truly dedicated to AA but feel it should be done the way they interpret it. These personalities sometimes lead to in fighting as it does in any aspect of life. AA members,

in deed, must deal with the fact that they are human. Area 29 has a long history of strong dedicated servants, who continue to look out for Area 29. Some of these people corrected me when I made mistakes, showing me in a loving way the right approach to the problems. Some were not so kind and my fragile ego, at times, rebelled against their words and actions. I forgot what was important, the job and its completion not my prestige or feelings.

During the past 22 months, I have learned more about AA, my character defects, friendships, family and life than I did in the first 30 years. I have had the privilege to attend many North East Regional functions. I have met some of the most intelligent and unconditionally loving people who have shown me how one should conduct themselves in such a job as Alternate Delegate (AD). AA comes first before everything else except your higher power. The main goal of AA is to help the still suffering alcoholic and to practice these principles in all our affairs. The main importance of a job as I have is to make sure AA keeps running as it did in 1930s and 1940s and to safeguard its mere existence.

It is the duty of the AD to attend as many functions of the area as possible. I thought that just by saying that I would come to any area that I was asked, was enough. It was not enough. The AD should try to attend as many district meetings as possible, as many DCM functions as possible. For 2 years you represent the best of AA in Area 29. All other activities come second.

After almost two years, I finally feel

that I know what the job means and demands. But, this is the way that AA is. By the time you learn the job fully, you rotate out.

This article sounds a little bit negative but it is not meant to be. I loved the job once I started doing it right. Once I learned how to handle criticism properly, weed out those who did not put AA first, and placed AA above all else, I strove to become a magnet, pulling in as much information that I could from all sources available. I have memories that no one can take away. I feel that I have done more good than harm. If I had to grade myself in this position, I would give myself a B-. That is good enough for grade school and high school, okay for college but not good enough for life or AA.

As I prepare to rotate from the AD position, I thank this gracious area for having me as an officer and for putting up with my sometimes rollercoaster ride.

I urge everyone that once they investigate the position for which they are interested, discuss it with your wife, sponsors, work if necessary and close friends. Once you get the go ahead, apply. If you win, give it unconditional love and energy and you will succeed but better yet AA will stay strong and flourish. If you fail to be elected, support you area strongly and be a watchdog for the preservation of AA.

Each and every one of us in the fellowship in Area 29 is essential to and responsible for the continuation of BILL and BOB's work.

REMEMBER: WE ARE AA. ♠

First-Timer — Area Voting

Charles B., GSR, Mason Dixon Group; District 40

Hello, my name is Chuck and I am an alcoholic. By the grace of God and the rooms of Alcoholics Anonymous I am sober today. My sobriety date is April 23, 1996. My home group is the Mason Dixon group in Emmitsburg, MD. We meet every Wednesday, Friday and Saturday nights at 8pm. If you are in the

area, come see us! I am writing to the Margenser today to share my experience with my first Area Assembly for Area 29 held at Severna Park, MD on October 17, 2015. I had the pleasure of attending as my group's GSR.

It was explained to me by our Alt DCM and current Area Chairperson at our

District 40 meeting last September, how important this particular assembly would be. We would be choosing our new Delegate, Alt Delegate, Area Chairperson, Area Secretary, and Area Treasurer. I left Frederick, MD at 7am and arrived at Severna Park Methodist

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Church in good time to get a seat up front. The drive down was uneventful and the weather was beautiful. Early in my sobriety, I was chosen to be my group's intergroup representative. I have first-hand experience how these "political" assemblies go. At my very first intergroup meeting we were discussing the following year's budget and the debate was anything but cordial. I could not believe the yelling, the unkindness, and negative attitudes being displayed! Weren't this people supposed to be happy, joyous, and free? Being early in recovery I am sure I stayed around because I feed off the emotions. I didn't get the nickname from my friends in the rooms "Sick Chuck" by accident. The Area Assembly meeting restored my faith in business meetings.

After arriving, I checked in with the desk and signed my name in the register's book (for my group). Since I was a GSR, I received a pink heart denoting that I was a voting member of the assembly. Before leaving the desk, the gentleman behind it said "seriously", "Now,

don't lose your heart", I smiled at him and said, "I lost my heart 12 _ years ago to my wife"! We were treated to a nice breakfast of bagels and doughnuts, and of course COFFEE. At 8:30, all new GSR, DCM, and alternates were invited to attend an orientation lead by Morgan J. Morgan was very helpful in explaining what would take place today and the voting process. I am very grateful our members can mix humor with the seriousness of our task ahead. Once we broke up, we went back to the main hall and got ready for our task at hand. The assembly kicked off at 9am and led with the Serenity Prayer. Chairperson Cynthia T. read the preamble for MGS Inc. and explained that two reports would have to be read and approved before the business of the meeting could be suspended for the upcoming elections. Bob C, our past delegate, was to facilitate the elections. Bob explained the elections would be conducted by using the Third Legacy Procedure. If you are not familiar with this I would suggest you look in our AA Service Manual 2014-2015 Edition on pages S-21 and S-22, it

gives a very brief but through explanation. I could not help but think how much more quickly this could be done if they used electronic balloting! But, I was in for a nice surprise. The past delegates used different color pieces of paper for ballots and a chalkboard, run by Nancy B. That was it, nice and simple. As we elected our Delegate, Alt Delegate (this particular election went to the hat), Area Chairperson, Area Secretary, and finally our Area Treasurer, I could not help think how exciting this was and how important. We were charged with electing officers for the next two years to help run Area 29! As I sat there I was filled with gratitude and a sense of accomplishment. Throughout the process I saw nominees, past area officers and newly elected officers embrace and congratulate one another. We had done our duties lovingly and had expressed our votes through the group conscience, guided by the assemblies' Higher Power, a loving God as He expressed Himself through us.

I left there having a new found joy and respect for AA's service structure above the district level. ▲

MARYLAND GENERAL SERVICE AREA 29 2015 CALENDAR

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| November 14, 2015 8:30 am – registration 9:00 am – meeting start | Area Committee Meeting | Immanuel Lutheran Church 7215 Ocean Gateway Easton, MD |
| November 14, 2015 6:30 – 11:00 pm | Southern MD Intergroup Gratitude Dinner Tickets: \$15 – advance only | Immaculate Conception 28297 Old Village Road Mechanicsville, MD 240-298-0306/rev:john13@hotmail.com |
| November 21, 2015 10 am – 1 pm | Hagerstown Area Intergroup Gratitude Breakfast Tickets: \$8 – advance only | St. John's Episcopal Church 101 S. Prospect Street Hagerstown, MD 301-733-1109 |
| November 22, 2015 1 pm – 6 pm | Baltimore Area Intergroup Bull & Oyster Roast Tickets: \$35 – advance only | Tall Cedars Hall 2501 Putty Hill Road Parkville, MD 410-663-1922 |
| December 5, 2015 6:00 pm | District 9 Holiday Dinner & Dance Tickets: \$15 – advance only events@d9mdaa.org | VFW Post 467 519 Poole Road Westminster, MD |
| December 12, 2015 8:30 am – registration 9:00 am – meeting start | Area 29 Assembly | Severna Park Methodist 731 Benfield Road Severna Park, MD |

Our Real Purpose

Don B., Area 29 Secretary

The guaranteed result of our continuous daily practice of the Twelve Steps of Alcoholics Anonymous is a spiritual awakening, a completely new state of being and doing, a consciousness of the presence of a benevolent Higher Power living in and through us. Yet neither sobriety, restfulness, happiness, contentment, nor God-consciousness is the aim of our psychic change; these benefits are nothing more and also nothing less than byproducts of right living. As the Big Book declares on page 77, "Our real purpose is to fit ourselves to be of maximum service to God and the people about us." We constantly remind ourselves that we are no longer deluded in thinking we are running the show. Thanks to our personal spiritual experiences, our former strivings for money, property, and prestige are replaced by the watchwords of sacrifice, usefulness, and anonymity.

As recovered and recovering alcoholics, we have been blessed with a unique gift, the capacity to connect with other problem drinkers on a psychic level. Thanks to AA, we now speak the "language of the heart," and our individual and collective stories of what we were like, what happened, and what we are like now resonate in the spirits of others who also have known alcoholic torture in a way that no therapy, educational discipline or religion ever has. This transference of spiritual energy from the Higher Power to us is our greatest asset, for it not only transforms our dark past into something of supreme value, but also enables us to act as catalysts in the rebirth of other alcoholics into a new life, a life of gratitude, acceptance, freedom under God, and positive,

constructive action.

To become a part of the greatest spiritual movement of the past century, and quite possibly our most recent millennium, is an experience that dwarfs every other aspect of life on earth. Yes, we have indeed entered the world of the Spirit, rocketed into a fourth dimension of existence of which we had not even dreamed existed or to which we could aspire.

So, our real purpose, then, is service at every level – in our families, jobs, and communities, in our AA groups, intergroups, and general service structure, and in every other aspect of our lives. Our co-founder Dr. Bob distilled it best into two words – love and service. Both of these spiritual activities involve giving without concern for a return, yet the very act of giving of ourselves is in itself the most precious gift we will ever receive. The feeling of being one in a family of equals, a useful member of society, a giver rather than a taker, a friend among friends, is a far better esteem-builder than any heap of material accumulation or long-winded and disingenuous affirmation could possibly produce.

Our quiet sincerity, serenity, and reliability as sober alcoholics demonstrates the undeniable miracle that occurs one day at a time in Alcoholics Anonymous through the process of surrender, following guidance, and giving freely what has so freely been given to us. Then other alcoholics join us because they want what they see in us.

So what does this have to do with staying sober? Everything. As Oxford Group messenger Ebby T. warned future AA co-founder Bill W., "if an

alcoholic failed to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. If he did not work, he would surely drink again, and if he drank, he would surely die." (Big Book, pp. 14-15). But the type of unselfish giving which we practice in Alcoholics Anonymous goes far beyond not drinking in its healthful benefits, for the practitioner of all Twelve Steps is able to become "happily and usefully whole." (12&12, p. 15). How? Well, first we trust God, then we clean house, and then we help others. The result? Let's see what "Fred" (actually Harry B. of New Jersey) has to say about it: ". . . I had the curious feeling that my alcoholic condition was relieved, as in fact it proved to be. . . Quite as important was the discovery that spiritual principles would solve all my problems. I have since been brought into a way of living infinitely more satisfying and, I hope, more useful than the life I lived before." (Big Book, pp. 42-43).

Would you like a way of living infinitely more satisfying than your old life of drinking, lying, cheating, and stealing? If you want what we have, you'll do what we do. As the Big Book concludes on page 164, "Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. . . May God bless you and keep you—until then." ♣

This is a WE Program

Kurt W., Area 29 Treasurer

A number of years ago I was involved in service work at the Northeast Maryland Intergroup. Over the years I was my home group's Intergroup Representative, and then served on several committees. Eventually I was honored to serve in the capacity as Treasurer and Chairperson.

In the Northeast Maryland Intergroup, it was tradition that past chair's step away from the Intergroup, so as to allow the new panel of officers to feel comfortable doing things their way, unless called upon to serve on an advisory panel regarding some issue. So, I did that.

However, what I didn't realize at the time was just how much service work outside the home group was an integral part of my recovery. You see, by nature I am a loner, not a believer. And this is a "we" program. I found myself feeling disconnected from AA as a whole, not a good state of affairs. For 20 years I'd always had a service position, and now I felt empty inside.

Then one day someone asked me if I'd chair a workshop several months later at the Maryland General Service State Convention. I gratefully jumped

at the chance, even though I didn't feel I had any particular expertise in the subject matter, because I was a part of something bigger than me again, and I was given the opportunity to help others through service.

Over the next several months I immersed myself in the subject matter, reading AA literature and talking to others, asking for advice. I'm not sure how others felt about the workshop, but I know it helped me. And to me that is the key to service – through helping others we help ourselves.

In just a few short months my term as Treasurer of Maryland General Service will come to an end. It is time for someone else to have the opportunity to learn and grow, as I have. And while I am ready to give up the position I know that in my heart I will miss it. I'll miss the time in front of my computer processing contributions and thinking groups for their contributions. I'll miss preparing the financial reports, poring over them to make sure they are accurate. But most of all I'll miss the connection to the fellowship at the Area level.

Several years ago I lived down in Southern Maryland where I made a

lot of good friends in this fellowship. One friend moved out to western Maryland, and I moved to the Baltimore area. This friend and I lost touch. Then I saw his name on a check from a group out in western Maryland. It was such a good feeling knowing he was still sober and involved in AA. We were reconnected through service. And over the past two years there have been many other such instances. These instances have been the true joy of service. It gives me the opportunity to renew friendships.

And so now it is nearly time to rotate "on" to a new service position, to learn and to grow. I don't know what God has in store for me, but I have faith that some opportunity to be a part of this wonderful AA fellowship will be presented to me. And I will stay involved in some manner, because I've learned from my past experience that it is vital that I be a part of something bigger than myself, this wonderful AA fellowship.

Thank you all for the opportunity to serve as Treasurer for Maryland General Service. I eagerly await my next challenge. ♣

Circle of Service

Pat S., Area 29 Treatment Chair

My time is almost up on my current service position. I have held a wide variety of service positions during sobriety and all these experiences were a blessing. I don't think I have ever been without a service position for very long, with the exception of military moves and getting settled in a new home. Once that was accomplished, it was off to

hunt for a home group and a service position. We retired from the Marine Corps and settled in Area 29/Maryland.

I have seen over the years where some old timers have stepped out of service work because he or she has "done their time" and "it is time for someone else to step up and take their have a turn." True, that we

need to rotate on, but it isn't clear to me that we should be so ready to rotate off. It is my opinion that "Old timers or Newcomers" should never rotate out and be without a service position. Even a greeter or coffee maker holds one of the most important service positions there are in AA. You don't stop serving

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(Circle of Service...) continued from page 6...

when you have done two or three different positions. You continue to serve and live the 12th Step by consistently carrying the message via service in the program.

If you are in the AA program that means that some of those who came before you served so that AA would be there when you needed it. Therefore, it is incumbent upon us and necessary for us to give back to the program. We must always remember the phrase; "We must give back what has freely been given to us in AA." That means not only working with the newcomer but doing service work.

Those who sponsor others can – and should – lead by example and continue to serve and encourage their Pigeons/Sponsees to do likewise. Teaching them about the steps is not the only responsibility we have as Sponsors. We also need to teach them to carry the message and that is by serving our fellowship and the alcoholic who still suffers.

If you have served in every position in your Home Group, then move on to the next level and get involved in your District committees. If you have served in all the positions in the District then move on to the next level with

Intergroup and then get involved in the Area service positions. There you will find the opportunity to provide service to the entire state.

So, I hope you see the many, many opportunities that you are provided to give back to the fellowship that was there when you needed it – when AA saved your life. If you are not sure what is next for you in service work or you are not sure where to go to learn about service positions, then contact me and I will help you. That is another opportunity for me to give back to you and the program of AA. ▲

THE MARGENSER IS YOUR NEWSLETTER

The MARGENSER Committee welcomes submissions. We are here to serve you. Submissions should be no more than 750 words and about service or recovery. Please include your first name, last initial and home group. Email all correspondence to Margenser@marylandAA.org or mail to Maryland General Services, PO Box 13457, Baltimore, MD 21203. The submission deadline for the next issue is January 20, 2016.

REACHING OUT TO THE "DARK DISTRICTS"

Many of our neighbors do not actively participate in Area 29, nor are their voices heard within AA as a whole. We encourage you to reach out to those districts without active GSRs or DCMs, sharing your experience of service beyond the home group and carrying the message one-on-one. Area 29 welcomes your ideas on how we can best do this and offers our support.

SEND YOUR CONTRIBUTIONS TO...

In accordance with the 7th Tradition and abiding by the group conscience of your home group, you may send contributions in support of Area 29 to:

Maryland General Service, Inc.
P.O. Box 13457
Baltimore, MD 21203

MARGENSER

P.O. Box 13457
Baltimore, MD 21203



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