

MARGENSER

Fostering Unity and Carrying the A A Message in Area 29 MARYLAND GENERAL SERVICE

Delegate's Reflections..... "Supporting Our Future"

Linda J., Area 29 Delegate

As we move into the second year of Panel 66, I want to once again Thank You for the opportunity to serve as your Delegate for Area 29, Maryland General Service, Inc. It is truly an honor and a privilege. My plan is to continue to demonstrate my gratitude through the action of keeping you informed with the ultimate goal of keeping the fellowship in Area 29 "linked" to Alcoholics Anonymous as a whole.

The theme for the 67th General Service Conference is, "Supporting Our Future" and will be held from April 22 – 29, 2017, in Rye, New York. The presentation and discussion topics for the Conference offer us as an individual, group and/or Area the opportunity for growth through participation and contributions. A couple of the Presentation/Discussion topics will include: "Diversity -- Outreach and Attraction", "Safety – An Important Consideration", "Is Your Voice Heard?", and "Fully Self Supporting Our Obligations". These are important topics which I challenge Area Committees and Districts to use as ideas for Workshops and open discussion groups to use as topics. We will be developing each of these more specifically over the next year. There will also be a special workshop during Conference week this year regarding "Anonymity - - The Spiritual Foundation". The 36 Principles of Alcoholics Anonymous assist each and every one of us to meet our responsibility to support the future of this glorious program one day at a time.

Communication has been repeatedly emphasized in 2016 as the key to keeping folks involved in all three sides of the triangle. It is indeed a necessity as your Delegate. One of my

original and continuing goals is to be a conduit of information between our membership and Alcoholics Anonymous as a whole. To accomplish this in 2017, I plan to re-visit all the Districts and Intergroups in Area 29 and be useful in whatever means necessary. Through visibility, communication, and cooperation, we can continue to strengthen unity and common welfare throughout the Area. It's a program of attraction. I intend to lead by example as a role model for trusted servants as we work to draw new trusted servants to general service at the District and Area levels.

Preparing the Delegate to carry the Area's conscience to the annual General Service Conference is a "year round" process.

The Conference Agenda Review Committee (CARC) meetings for 2017 are well under way with our Alternate Delegate, David R. at the helm. The CARCs provide a forum for each of you in the fellowship to inform the Delegate of your views on selected Conference Agenda items. The culmination of the CARCs is the Mini-Conference on April 8th in Severna Park, MD, which will be chaired by Bob C. All A.A. members are welcome and encouraged to attend. Mark your calendar now to come and let Your voice and views on Alcoholics Anonymous be heard!!! One week following the Mini-Conference, I will be attending the 67th General Service Conference in Rye, New York. I will be one of 93 Area Delegates attending to oversee the business of the General Service Board, the Grapevine and the General Service Office.

By carrying the conscience of Maryland's A.A. groups to New

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MARGENSER STATEMENT OF PURPOSE

The Area 29 MARGENSER newsletter is published to foster unity and facilitate communication among AA members, groups, districts, and intergroups within the Maryland General Service Area. The MARGENSER aims to be instrumental in carrying the AA message. This quarterly newsletter seeks to publish AA-related material, including personal stories of experience, strength, and hope. Material will be reviewed by the MARGENSER committee chairperson or by a member of the committee. Nothing published in the MARGENSER should be thought of as a statement of Area 29 or AA policy. Finally, publication shall not constitute endorsement by the newsletter itself, Area 29, intergroups, districts, local groups, or AA as a whole.

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York, the Delegate executes a responsibility delegated by the Groups pursuant to Concept XI.

My job is to listen to the conscience of Area 29, provide leadership similar to a Service Sponsor for the Districts, and keep the fellowship abreast of what's going on in A.A. as a whole before, during and following the General Service Conference. I am excited to begin building on the momentum we gained during the 66th General Service Conference and the Area and District Report Back meetings following the Conference. I never knew how important the words "year round" were until I got involved in the process. I challenge you to come to a CARC and attend the Mini-Conference, so you too may be a

part of the fellowship communicating through the service structure. Alcoholics Anonymous as a whole needs each of us to be a part of the solution on an ongoing basis. By doing so, I have found it is definitely an opportunity to improve our spiritual way of life.

As I have said so many times before, all I wanted when I came to my first A.A. meeting in August of 2000 was to stop hurting. I had absolutely no idea that getting involved in service in the program that saved my life could actually change my life in such immeasurable ways. I honestly could not dream as big as the miracles that God has brought forth in my life - - even in just the last year serving as your Delegate.

Each one of us "is but a small part of a greater whole". Imagine ever widening

circles of love and service assisting to carry our message of hope to the still suffering, and safeguard that the doors of A.A. will be "open for the alcoholic who still stumbles in the darkness one short block from any room" we may visit. Supporting Alcoholics Anonymous in 2017 will ensure that the Three Legacies continue to be vital for all generations - - ours and those not yet born.

I plan to keep my calendar full with commitments serving the fellowship in Area 29 in 2017. If there is a District or Intergroup meeting, Workshop, Group Conscience or Inventory you would like me to attend, please email me at delegate@marylandaa.org. To serve or not to serve is not an option for me today - - it has become a way of life. 🇺🇸

Accelerating Our Pace

Don B., Area 29 Chairperson

It has been well stated that in our recovery from alcoholism, we cannot afford to rest on our laurels. The disease of alcoholism is so subtle that it is impossible for us to idle in a retrogressive groove. We are either moving away from a drink or toward one -- there is no standing still. It is as if we are walking up an escalator that is traveling down at an ever-increasing rate. We must constantly be accelerating our pace in order to avoid falling back into the abyss of active alcoholism.

The same thing holds true in our efforts to provide service at the Area level. We gained a great deal of traction during our collective efforts to conduct an Area service inventory in 2016. Many hours were spent by countless trusted servants in evaluating where we stand in our effectiveness at helping make Twelfth Step work possible in the Maryland Area. A plethora of valuable observations, suggestions, and recommendations for improvement were discussed. In fact, quite a few of these ideas have already been implemented.

For instance, we now send notices

of upcoming Area events, minutes, motions, and background materials to our entire Assembly email list rather than just to the Area Committee members. We read the business portions of the previous month's minutes at our Area meetings to ensure that everyone present understands fully what is going on. We are encouraging newcomers to Area service to get service sponsors or mentors and we have begun to recognize those general service veterans willing to provide such guidance. We are raising up new service leaders by asking trusted servants besides Past Delegates to provide training to new GSRs and DCMs before our Area meetings.

Other initiatives that have emerged from our Area inventory discussions have been the creation of an ad hoc Technology Committee and an ad hoc Bylaws Review Committee to keep our momentum moving forward. DCM and GSR training materials are being developed and put to good use. An increased number of co-sponsored workshops by our Area 29 Committees are

planned for 2017. On January 21, we held a full morning of Leadership Training for our Area Committee members and an afternoon service Job Fair to help increase participation in our Area 29 services. Updated MGS calendars, suggested training schedules, parliamentary procedures summaries, rotation training ideas, and updated lists of services provided by Maryland General Service are now available to all.

Our Delegate is extremely proactive in visiting our Districts to communicate information and offer assistance. The DCMs are not only facilitating two-way communication with our GSRs, but are increasingly motivated to reach out to neighboring districts that are not active in general service. Our Alternate Delegate has worked closely with our DCMs to set all of the initial meetings for our four Conference Agenda Review Committees so that our Area 29 Mini-Conference becomes a truly meaningful and memorable experience. Our Area Secretary is committed to getting our

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minutes out sooner and with increased accuracy and clarity. Our Area Treasurer is constantly developing ways to increase our efficiency and effectiveness. Our Registrar works constantly with each of our districts to ensure that records are accurate and up to date and that information is transmitted in a timely manner.

Our Finance Committee has formulated a proposal for an MGS financial internal control policy. The ad hoc Technology group is developing a plan for the possible creation of more

permanent Area Technology Committee. Our Webmaster, Website, and Workshop Committees are very active in educating our members about how to take advantage of the many training resources available. Our Public Information, Cooperation with the Professional Community, Accessibilities, Corrections, Treatment, Intergroup Liaison, and Archives Committees are reaching out to more and more people to carry the A.A. message of hope. Our Literature, Grapevine, and Margenser Committees are continually working to transmit our A.A.

message in print. Our State Convention, Audio, and Host Committees are doing outstanding work this year. All this may sound impressive, but it is barely a start on what is possible.

We cannot afford to slow down; in fact, we need to keep accelerating our pace. Unless we redouble our efforts, alcoholics in need of Alcoholics Anonymous will sicken and die. None of us wants to see that happen. So, tighten your seatbelts and join us on the Road of Happy Destiny as we are rocketed into a fourth dimension of existence! ♫

The CARC/Mini-Conference Season is Upon Us!

Bob C., Mini-Conference Chair and David R., Area 29 Alternate Delegate

As the days grow longer and winter gives way to spring, Area 29's membership eagerly anticipates our annual process for preparing the Area Delegate for the General Service Conference. At our Conference Agenda Review Committees ("CARCs") and our Mini-Conference, the Area Delegate listens to our area's collective conscience, which resides in the groups. In late April, she carries that conscience to the 67th General Service Conference, which meets in New York on April 17-23. At the Conference, our delegate will work with conference delegates from the other 92 areas in the U.S. and Canada, and with about 40 other delegates from the bottom of our service triangle, to formulate a collective group conscience on matters affecting A.A. as a whole.

Afterward, our delegate will return to Maryland and spend the rest of the year bringing information back to the groups about what happened at the Conference, and collecting information to pass on to our next delegate who will attend next year's Conference.

The Maryland CARC/Mini-Conference process, as a whole, kicks off with the Area Committee in February, continues with CARC meetings, and culminates at the Mini-

Conference. CARCs are a peculiarly Maryland-ish institution. The purpose of the CARCs is to bring our groups into the Conference process. There, we discuss selected items from the agenda for the General Service Conference that will meet in April. The selected topics are the most salient issues affecting the future of A.A. Four CARC meetings occur – each one in a different part of the Area (Northwest, Northeast, Western Shore, and Eastern Shore). This year's CARC dates and locations are posted at <http://www.marylandaa.org/conference-agenda-review-committees/>.

The CARCs meet between mid-February and early April, on different days, with no two CARCs meeting at the same time. Having CARCs that discuss the same agenda items on different days provides two major advantages. First, this maximizes our groups' input by enabling the Delegate and Alternate Delegate to attend every CARC. Second, because sharing often differs greatly among different parts of the area, some CARCs raise entirely different perspectives from other CARCs. This makes the Delegate and her Alternate aware of ideas that they might miss if each CARC considered

different agenda items.

The annual CARC/Mini-Conference process concludes when the CARCs come together at the Mini-Conference on April 8. At the Mini-Conference, all perspectives on all items are brought forth in the same discussion. This lets pros and cons be discussed together for everyone's benefit. Our delegate indicates the Mini-Conference was valuable to her last year, in two ways. First, it provided a focused review of the material just before the General Service Conference. Second, it brought out additional viewpoints that had not been heard in the CARCs, making her even more fully prepared to serve as a trusted servant at the General Service Conference.

Last year, in our first trial of the Area 29 Assembly's new CARC/Mini-Conference process, member evaluations indicated the new process was both more efficient and more interesting than in prior years. Evidence of that success was also suggested by increased participation, with 112 people attending the Mini-Conference (up from the 60s to 80s over the preceding decade). If last year marked the start of a period of growing participation, we

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(CARC/Mini-Conference...) continued from page 3... will need more space for our Mini-Conference. For this reason, this year the Mini-Conference is moving to larger location, at the Severna Park Community Center (623 Baltimore Annapolis Blvd., Severna Park) on Saturday April 8. We're also shifting the starting time for the event back to 10:30 a.m., and we'll run up until dinnertime, with a 5:30 p.m. close. The Mini-Conference will include an A.A. speaker meeting with Rich P., our North East Regional Trustee, so we'll have a

nice A.A. meeting in the middle of the afternoon.

As the leader of the CARC process and the Mini-Conference chair, we encourage you to set aside a Saturday to attend a CARC somewhere in the area (see postings at <http://www.marylandaa.org/conference-agenda-review-committees/>), as well as April 8 to attend the 2017 Mini-Conference. Most importantly, this entire process relies on A.A.'s principle of communication, which is the basis for our Concept IV (essentially,

"Participation and Communication are the Keys to Harmony"). This member-to-delegate communication is a two-way street, as healthy communication must be. So all hands are needed! Our goal is to increase Mini-Conference participation by 50% over last year, and to truly make a difference in our fellowship's future. So grab someone you sponsor and make a day of it at a CARC meeting near you in February, March or April, and at the Mini-Conference on April 8. YOU ARE NEEDED!!!! 📢

SEND YOUR CONTRIBUTIONS TO...

In accordance with the 7th Tradition and abiding by the group conscience of your home group, you may send contributions in support of Area 29 to:

Maryland General Service, Inc.
P.O. Box 2651
Westminster, MD 21158

MARYLAND GENERAL SERVICE AREA 29 2017 CALENDAR

Saturday March 11, 2017	Step 1,2,3 workshop	South Shore Recovery Club 1199 Generals Hwy. Crownsville, Md. 21032
Saturday March 18, 2017	Area Assembly	Severna Park United Methodist Church 731 Benfield Road Severna Park, Md 21146
Saturday April 9, 2017	Mini- Conference	Severna Park Community Center 623 Baltimore Annapolis Blvd Severna Park, Md. 21146
Saturday April 9, 2016	District 32 Step 11 Workshop	Bethany United Methodist Church 8648 Stephen Decatur Highway Berlin, MD 21811
Saturday May 18, 2017	Area Assembly Report Back	Severna Park United Methodist Church 731 Benfield Road Severna Park, Md 21146

New Year ~ New Role

Dawn, Area 29 Workshop Chair

It was not my plan to start off the New Year as the committee chair for Workshops. I was looking forward to putting out feelers to various committees and see where I might “want” to be of service, when rotating on from District Committee Member of District 41. “My plan” was to hangout and see what looked interesting, dabbling here and there with general service while rolling up my sleeves to do “real” 12th step work.

When our Area Chair asked if I would consider filling the recent opening of Workshop chair I actually shared “my plan” with him. He suggested I speak with the former Workshop chair and our current Area Delegate, Linda J., who had also served in that position. I was reminded, after speaking with Linda and my sponsor, that just as the twelve Steps help a member in their own personal recovery, the Twelve Traditions help the groups and the Twelve Concepts help A.A. as a whole. The Traditions and the Concepts

provide a foundation for general service work. What better way to be of service than learning more about our Traditions and Concepts while continuing to support general service work. So I will roll up my sleeves along with the many other sober volunteers within Area 29 who give freely of their time, sharing their experience, strength and hope, and stick with the winners.

I truly look forward to the opportunity to learn more about our Steps, Traditions and Concepts while serving in this role. To paraphrase Dr. Bob, I will try not to louse this thing up and just keep it simple by mirroring a lot of hard work done by others before me. My personal goal is to remain willing, be of service and not take myself too seriously.

What is a workshop?

work-shop - 'wɜrk,SHɒp/ - noun
a meeting at which a group of people engage in intensive discussion and activity on a particular subject or project.

synonyms:

study group, discussion group, seminar, class; support group

Workshops come in many formats with the most positive feedback coming from interactive discussions allowing for participation and questions from those who attend. Workshop formats might include: panels with different speakers on the same or different topics; roundtable discussions; white boarding to get others involved capturing answers or ideas; role play or challenging scenarios where teams work together to come up with ways to approach the challenge. There are as many different ways to conduct a workshop as there are topics.

Regardless which topic and format you choose to present, I encourage each DCM and Area committee chair to host a workshop in 2017! If you need assistance, email the Workshop committee at workshop@marylandaa.org - we will gladly help. ▲

Are We Fulfilling Our Purpose?

Morgan J., Former Area 29 Delegate

Recently I've gone to a few different meetings from those I usually attend, just to shake things up a bit. Normally I can be found at predominately literature meetings. My home group is a Big Book group and most in fact almost all the other meetings/groups that I attend on a regular basis are literature discussion meetings. What concerns me most about some of these different meetings is that A.A.'s message seems to be obscured and in some cases, not even there.

One of the groups I recently attended had a huge crowd of young people which was great to see. During the group's announcements the upcoming anniversaries were being announced and I was impressed by the number of group members that would be celebrating an anniversary during the next month to six weeks. It suddenly dawned on me though that there were eight to ten people celebrating one year, there were no two year or three year anniversaries.

There was one four year and one five year and that was it. You would think (I know it's dangerous to do) that if the group was fulfilling its purpose there would be a greater spread of anniversaries, instead of almost all being the first year. What happens to people after one year?

I've gone back to this group several times over a period of six months and the announcements are almost always

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THE MARGENSER IS YOUR NEWSLETTER

The MARGENSER Committee welcomes submissions. We are here to serve you. Submissions should be no more than 750 words and about service or recovery. Please include your first name, last initial and home group. Email all correspondence to Margenser@marylandAA.org or mail to Maryland General Services, PO Box 2651, Westminster, MD 21158. The submission deadline for the next issue is March 20, 2016.

Are We Fulfilling Our Purpose?...) continued from page 5... the same, not many multiple year celebrations. I've tried to listen for the group's message, unfortunately there is the long discussion of how to get sick, not that we don't know how to do that already, but not much on recovery. The discussion that follows is more of the same, almost like it's a contest.

I've been to several other meetings/groups and the format repeats itself, lots of getting sick and little recovery. One person explained to me that it was important so that new people could identify. I asked if it was equally important that a solution be offered and was told "no"; how scary is that?.

I remember one of the slogans that moved me to action early in recovery was "The same person will drink again" and I was scared to go back to the old me. I asked my sponsor "how do I change?" and he said "through the steps", which is the solution. He stressed to me that it was always important to mention recovery, not only to remind myself but also to give hope to the new person. He also showed me how the traditions guide us in our sharing.

These are some of the things my sponsor showed me. He said the First Tradition reminds us how important it is to stick together and part of the way we do that is by using A.A.'s literature to support what we are saying. I asked him

how we stick together when it comes to leading a meeting. He said listen to the winners and do what they do. That's what a group conscious sounds like. He reminded me that anyone who wants to get sober is a member of A.A. and we should do everything we can to welcome them, even when they aren't acting the way we think they should be. We should talk with them and never down to them, share with hem how we moved from hopeless to hopeful.

He went on to say that we are obligated by the fourth Tradition to conduct our portion of the meeting according to the way that it is listed in the meeting directory. I asked him why and he said, because that's what is advertised. He told me that the most important thing that I do when speaking is to talk about how I applied A.A.'s solution to my life and what were the results. He told me that I had to talk about the solution, because if I didn't, then maybe I wasn't experiencing it. He showed me on page 59 of the Big Book the most important thing to talk about and part of it reads, "which are suggested as a program of recovery:". The most important word being "a". He reminded me that the twelve steps are all that A.A. has to offer and that we are obligated by the Fifth Tradition to share this with all those present. He explained that this is our purpose and our only purpose, to stay

sober and help the suffering by sharing the solution with them; if we don't then we might be sentencing them to return to drinking or worse.

I've been in A.A. for more than half my life and I've seen some changes over the years. People have gotten younger and we are better represented as a society, we kind of match the world around us, at least better than we did when I first arrived. The one thing that hasn't changed is that we haven't had to buy any new chairs. We've been putting the same chairs out for years with one or two extras for the new person/s, but we have never filled them all. What's happened? If we have 8 - 10 people celebrating one year per month every year then we should have expanded into the parking lot a long time ago. Oh that's right there aren't any 2 - 3 year celebrations or very few of them. The question is, are we fulfilling our primary purpose? Maybe it's time we took a good look ourselves and our groups. Bill wrote in the forward to the first edition to the Big Book: "'We, of Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body.'" We can't claim the same results today. Are we leaving too many people in the hopeless state? ♣

Days Gone Bye

Bill H.,

Long, long ago on a somewhat familiar planet, there lived this man-made but Higher-Power happening called the Fall Convention. It was a marvelous creation of love, learning, meditation, communion and fun. It was sponsored by an A.A. General Service Area, coinciding with the festivities of Halloween. It was a multi-faceted creation, consisting of many intertwining parts. There were guest speakers from all over the planet and the speak-

ers often geared their talks to reflect the theme chosen for the Convention. There were workshops which enlightened the many people present with fascinating and relevant topics. There were around the clock A.A. meetings called Walkathons. These meetings allowed everyone to learn and join in on the many facets of A.A. in his or her life.

Of course, since this was happening, there also were an assortment of food

and beverages to satisfy the needs of the body. There were dances and ice cream socials, open mike, and of course costume contests. Some people worked all year long to come up with a special costume for the event. On various occasions, a group of talented A.A. members would put on an original play with an A.A. theme. Young and old would mingle together. In the past, you could see Old Timers like Beryl, Sonny, Lamar and Margie,

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sitting in a chair in the lobby of the convention center, relating stories from their past. Nine or ten people would be sitting around them in chairs or on the floor, captivated by their words and deeds related to A.A.

Some people found their soul mates at this happening, later getting married and having children who also needed A.A. and became a part of this phenomenon. Some came for the first time, inquisitive and scared; others came back every year for the friendship and the boost to their own sobriety. And what can be said of the two dozen or so people who have made up the Convention Committee. They worked all year long so that countless others could experience the best

convention imaginable. There were no tangible payments for their services, but each participant received immeasurable spiritual and emotional rewards.

The convention was a learning tool for new members to cut their teeth on service. Many who went on to serve as Area Officers and Area Committee leaders got their start at the fall convention. Many a problem was worked out between sponsor and sponsee in the quiet time between the scheduled events. All who attended these gatherings, even the children, were treated with dignity and respect throughout the colorful October weekends.

But alas, time, apathy, money restraints, busy lives and unforeseen

circumstances have led the Fall Convention to a point in time where it did not meet a specific need and became a financial burden. So people met and voted and set this creation of God's and man to the side. It is sad but life goes on.

Maybe five years or so from now, this same subject may be revisited and maybe even resurrected. But I will tell you one thing: no matter what happens, it will never be forgotten, not in the hearts and souls of those who took this little creation to their breast and made it a part of their lives. NO NEVER!

REMEMBER THE STATE
CONVENTION
JUNE 2017 IN ANNAPOLIS ▲

AA Service: Varied and Vital to Sobriety

Mike M.

"AA service", according a letter by Bill Wilson appearing in the July 1955 edition of the Grapevine, "is anything whatever that helps us to reach a fellow sufferer—ranging all the way from the Twelfth Step itself to a ten-cent phone call and a cup of coffee, and to AA's General Service Headquarters for national and international action."

For some time, I wrongly believed that service constituted something optional -- activities that perhaps the more ambitious, politically minded, or unselfish AA members participated in.

I have since come to realize through personal experience that it is vital to sobriety. Moreover, as our basic text states, "our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs."

My mindset, as an alcoholic, is often characterized by constant thought of myself and how I may help meet my needs.

Self-centered thinking, of course, is the driving force behind my alcoholism. Any extended period of such

thought invariably leads to fear, anger, or the like.

In order remedy self-centered thinking, I must be of service in some manner. Thankfully, I feel grateful for any opportunity (of which there are many) to do so.

As the quote from Bill Wilson's letter implies, the range of ways to be of service in AA is quite broad. To say that I always feel better about myself when I am of service to someone else -- in or out of AA -- is an understatement. ▲

REACHING OUT TO THE "DARK DISTRICTS"

Many of our neighbors do not actively participate in Area 29, nor are their voices heard within AA as a whole. We encourage you to reach out to those districts without active GSRs or DCMs, sharing your experience of service beyond the home group and carrying the message one-on-one. Area 29 welcomes your ideas on how we can best do this and offers our support.

MARGENSER

P.O. Box 2651
Westminster, MD 21158



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